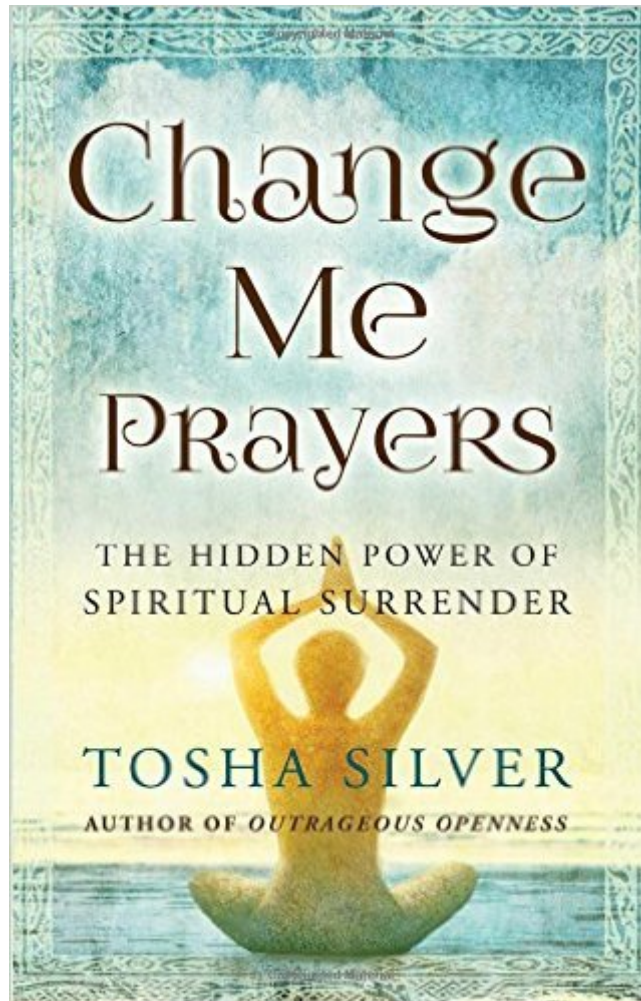


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# Change Me Prayers: The Hidden Power Of Spiritual Surrender



## Synopsis

From the author of the life-changing book *Outrageous Openness: Letting the Divine Take the Lead*, a thoughtful collection of prayers and stories to help you actively invite the Divine into your life. • Change me Divine Beloved into One who can give and receive freely and be a clear vessel for Your Light. • In this sequel to her first book, Tosha Silver, with her characteristic mix of passion and humor, shows how to embrace transformation from the inside out. Covering a variety of topicsâ”from work and finances to love and self-worthâ”Change Me Prayers shows how to truly surrender to a Divine plan in the most joyous and uplifting way. At its heart, this book is a spiritual guide to help anyone open to this union with Love, even in times of difficulty or crisis, and includes a convenient â”Change Me Prayers Quick Guide.â” • Tosha proves to be a profound, unique, and often hilarious guide to awakening. May the Divine permeate every part of your life!

## Book Information

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## Customer Reviews

Tosha's follow up to *Outrageous Openness* exceeded my expectations. There is something so magically resonant and viscerally healing about her first book that I wondered how she could match her debut work. But I've now learned that I shouldn't have doubted someone so clearly channeling The Divine! *Change Me Prayers* is filled with a whole new collection of fun and quirky stories related in Tosha's signature style. As with all her stories there are multiple deep and powerful lessons to be learned from each. And who doesn't love to have fun while they are enlightened to some of the deep truths of our human journey? In addition to the stories, Tosha elaborates on her signature *Change Me Prayers*, explaining how she uses them and providing many examples as well as

guidance on how to craft and customize your own. There are few authors who I can say have so profoundly affected the way I lead my life and I am filled with gratitude that a friend introduced me to Tosha's work. Now I have a new book to share with my own loved ones, a book that I am confident can be as powerful in their lives as it has been in mine! Thank you Tosha!

The best prayers change us, not the externals. Tosha Silver's experiences have yielded a great book and priceless prayers that I will be memorizing. I ordered this on Kindle and quickly learned that I needed the hardback version too. I will be living with this book for awhile, so I have a portable version and one that I can open at random and use my trusty, yellow highlighter. It's only been about 48 hours since I read the Kindle version and I'm lighter, sleep better and am completely content in the knowledge that All is Well. Thank you, Tosha Silver, for leading the way to full surrender!

I have been waiting for Tosha Silver's latest book and it was certainly worth the wait! I am so inspired by her "real, raw" presence and I love the prayers. They bring me to tears. I am so thankful, thankful, thankful. It is truly a wonderful book.

Another wonderful book by Tosha Silver! Similarly to *Outrageous Openness*, it's filled with fun stories that illustrate how Tosha allows her life to be guided by a higher force, and asks for help as needed. The stories are shorter than in *Outrageous Openness* and end in a "Change Me Prayer" that is super short but extremely powerful! There's also a list of "Change Me Prayers" at the end of the book by subject so you can easily jump to whichever one you need in every situation. It is a book you can read every day and also a go-to book for whenever you feel stuck. Already love this book! Thank you, Tosha, for writing it!

I love this book. Tosha hits the mark in all the right places. She conveys a wisdom that is sorely lacking in most of the spiritual writings I encounter. In these changing and uncertain times in which we live, her book is a godsend! She is humble and generous in her offerings, and for that I'm very grateful.

Just as we can't try to relax (for we cancel out the relaxing with the trying), the ego cannot let go of itself. The ego is the one behind the wheel when we're careening down the path of grasping, chasing, striving (and feeling fearful and isolated in the process), but there is another option: let go

and let life come to you. And it will, believe it or not, because life IS you and you are already worthy of receiving all of its blessings. Tosha's book "Change Me Prayers" is a trustworthy manual for where the rubber hits the road of spiritual surrender: the moment when the small ego self bows to the creative force of love that is your own highest, truest nature (and the nature of all that is, as it turns out). It would be great if this was a one-and-done kind of deal, but this act of surrender happens over and over and over again, every day, right in the middle of our most trying moments. So how to remember these timeless, potent spiritual truths and actually USE them when your chest is tightening, your heart is racing, and your mind is starting to spin its familiar, fearful tale? Change Me Prayers are like the ringing of a clear, strong bell in a din of noisy chaos, like a tractor beam that will port you back to the mothership if only you'll step into it. It isn't necessary to ever forget or feel separate from what is most deeply true about yourself and about life, and remembering it, life is transformed. These prayers offer a way to draw that truth down into all your moments, over and over again, until it becomes second nature.

After recently reading Outrageous Openness, I was so looking forward to the release of this new book- it did not disappoint. I read it so quickly I was sad when it was over- but it is one I will continually refer to. The specific change me prayers are beautifully written and speak to the soul. I am so grateful to have discovered Tosha and that she is sharing her gift with the world.

I love this book! I tend to use the same prayers over & over. This book is the answer for those of us stuck in a rut with our own prayers! One suggestion please....print a pocket sized book with just the prayers that are in the back of the book for us to carry with us! Thanks Tosha!

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